

MARCH 2024

PINER-OLIVET UNION SCHOOL DISTRICT

LUNCH



Note: Depending on product availability there can be menu changes.



March is National Nutrition Month! To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines.

References: Academy of Nutrition & Dietetics, USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Cheeseburger
Oven Baked Fries
Fruit & Vegetables
Choice of Milk

4

Chicken Alfredo Pasta
w/Steamed Broccoli
Fruit & Vegetables
Choice of Milk

5

Teriyaki Chicken
w/Yakisoba Noodles
Cabbage & Carrots
Fruit & Vegetables
Choice of Milk

6

Cheese Tamale
w/ Black Beans
Fruit & Vegetables
Choice of Milk

7

Cheeseburger Mac &
Cheese
Fruit & Vegetables
Choice of Milk

8

Hot Dog
Oven Baked Fries
Fruit & Vegetables
Choice of Milk

11

Spaghetti w/Meat
Sauce
Fruit & Vegetables
Choice of Milk

12

Bean & Cheese Pupusa
w/Pinto Beans
Fruit & Vegetables
Choice of Milk

13

Turkey Nachos
Tortilla Chips
Fruit & Vegetables
Choice of Milk

14

Hamburger
Fruit & Vegetables
Choice of Milk

15

NO SCHOOL
SPRING BREAK

18

NO SCHOOL
SPRING BREAK

19

NO SCHOOL
SPRING BREAK

20

NO SCHOOL
SPRING BREAK

21

NO SCHOOL
SPRING BREAK

22

Shelf Stable Pack
Beef Bites
Cheese Sticks
Fruit & Vegetables
Choice of Milk

25

Chicken Bites
w/Mashed Potatoes
Fruit & Vegetables
Choice of Milk

26

Chicken Tamale
w/Seasoned Diced
Carrots
Fruit & Vegetables
Choice of Milk

27

Turkey Nachos
Tortilla Chips
Fruit & Vegetables
Choice of Milk

28

Pepperoni Pizza
Fruit & Vegetables
Choice of Milk

29